

# **Trust Me**

**This game is designed to develop trust.**

## **You Will Need:**

- **Scarf to blindfold**
- **Objects to create the obstacles**
- **Stopwatch**

## **How to Play:**

- **Divide the teens into groups.**
- **Instruct your Busy Bees to create an obstacle course.**
- **Blindfold one Busy Bee and let one member of the team guide him/her around the course.**
- **Assign a time for this activity, the maximum should be 3 minutes.**
- **When they get back to the starting point, either let them swap or select another pair.**