Contagious Smiles

This game promotes laughter, builds energy and encourages awareness.

You will need:

- Timer

How to play:

- Ask your group to form a circle, including Beekeepers.
- Explain that you want your group to record the fastest contagious smile ever!
- Start your timer and pass a big smile as you make eye contact with someone across the circle from you.
- Once this person smiles at you, explain that you must start gently jumping up and down to indicate that the first smile has been sent.
- Explain that the person who received your smile, now passes a smile to a new person in the circle.
- The process of passing smiles continues until everyone in the circle has received a smile and passed a smile and is jumping up and down.
- When everyone is jumping on the spot, stop the time.
- Play for two or more rounds attempting to record the fastest contagious smile ever.

Variation

- Start the game by asking everyone to make their most unhappy face until the smile reaches them.
- Add the rule that if someone stops smiling, he or she must stop jumping until someone sends them a smile again. This will certainly impact the time, but may also increase the likelihood of laughter.